



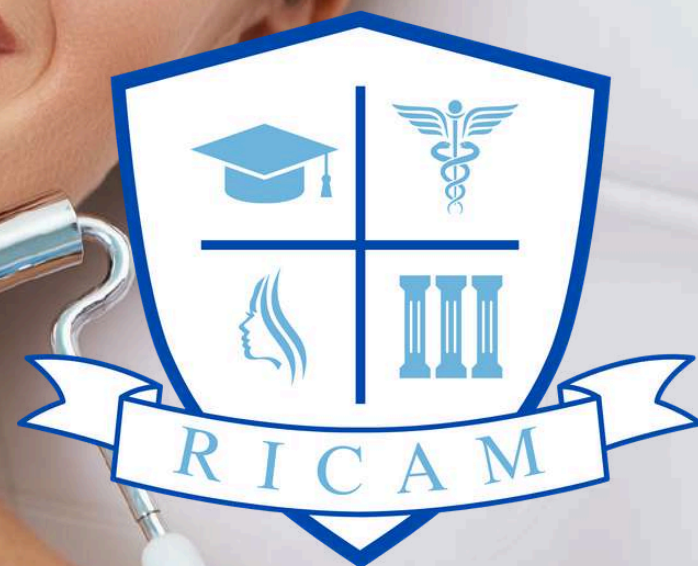
ADVANCED DIPLOMA IN CLINICAL COSMETOLOGY & TRICHOLOGY (ADCT)



COURSE DURATION - 1 MONTH



FORMAT – ONLINE &
CLASSROOM



Why Us ?

- ✓ RICAM is run under Roshan Foundation a Government Registered Non-Profitable Organisation with Regd no : E-6811 (Pune)
- ✓ More focus on clinical knowledge which will help in setting up practice immediately after training
- ✓ Extensive hands on experience for all participants
- ✓ Marketing knowledge (digital marketing, Meta ads, Google marketing, What's app marketing, etc)
- ✓ Knowledge of setting up and running your centre successfully
- ✓ Session to cover medico legal aspect
- ✓ Experienced and certified faculty
- ✓ Lifetime membership once purchased a course. Can attend lectures and hands on training as many times as required
- ✓ What's app group after the course to support in difficult cases
- ✓ Vendor details for machine and products selection.



Skill India
कौशल भारत - कुशल भारत



Transforming the skill landscape



MSME
MICRO SMALL & MEDIUM ENTERPRISES
सुगम अर्थ वा माहल उद्यम



CURRICULUM OVERVIEW

CLINICAL COSMETOLOGY

- Anatomy and physiology of face Skin structure
- Skin aging
- Classification of skin
- Skin analysis
- How to do skin consultations
- Professional ethics
- Personal and clinic hygiene
- Sterilization and sanitation
- Client handling and people skills
- Bacteriology
- Fundamentals of peels
- Classification of peels (superficial, medium and deep peeling)
- Application of peels
 - a. Preparation
 - b. Application
 - c. Post application care
- Basics of pigmentation
- Types of pigmentation
Freckles
- Treatments for pigmentation
- Theory of cauterization Wart removal Mole removal
- MDA types
 - a. Suction by powder crystals
 - b. Diamond tip
 - c. Hydra jet and Hydra facial
 - d. Oxy Hydra jet
- Theory of exfoliation
- Exfoliation by peels
- Derma scope and skin analysis
- Galvanic and Ultrasonic
- High Frequency
- Skin routine definition
- Important molecules in skin care products
- Product selection for skin conditions and type
- Sun screen and its usage
- Fundamentals of acne
- Types of acne: papule, pustules
Acne treatments
- Whitening treatments
- Dermaplaning

CURRICULUM OVERVIEW

ADVANCED AESTHETICS & LASERS

- **Core Knowledge of electromagnetic spectrum; photons**
- **LASER and IPL**
- **The difference between LASER and IPL light therapy**
- **Methods of applications for hair removal and skin rejuvenation treatments**
- **Recap of the anatomy and physiology of integumentary, endocrine, circulatory and lymphatic system in relation to light therapy treatments**
- **Permanent hair removal for all areas of the body Treatment protocol for hair removal**
- **Precautions and considerations**
- **Diode, ND YAG Lasers, Pico Laser**
- **Classification of tattoos**
- **LASER selection for tattoo removal**
- **Treatment protocol for tattoo removal**
- **Medifacials**
- **Carbon Facial**
- **LASER TREATMENT PREPARATION**
 1. **Preparation of the therapist and client, working area**
 2. **Full consultation, Tissue analysis & Fitzpatrick scale**
 3. **Contraindications**
 4. **Aftercare advice**
 5. **Clinical outcome**
 6. **Clinical side effects**
 7. **Full treatment protocol**

CURRICULUM OVERVIEW

MEDICAL TRICHOLOGY

- Structure and function of hair follicle
- Hair life cycle
- Diseases of hair and scalp
- Causes of hair fall
- Alopecia and its types
- Diet for hair care
- Hair care for growth
- Impact of chemical treatments on hair quality
- Hair loss cause determination
- How to develop overall treatment methodology
- Need to blood test in hair loss
- Elasticity improvement
- Hydration therapy
- Treatment of dandruff
- Product knowledge for hair
- Classification of different hair loss patterns
- Androgenic alopecia - male and female pattern hair loss
- Alopecia areata
- Traction alopecia
- Telogen effluvium
- Diagnosis of hair fall and thinning of hair
- Hair analysis with tracheoscopy
- Hair consultation and treatment finalization
- Meso solutions and its impact
- Selection of right meso solution
- Derma roller
- Low Level LASER therapy

RICAM is run by Roshan Foundation' is a non-profit organization dedicated to making a positive impact on the lives of the underprivileged in India. Founded in 2014, our organization has been actively involved in addressing various social issues and working towards the betterment of society. Our Mission is to educate each student to the highest levels of academic achievement and to enable them to expand their potential, and prepare them to become Productive, Responsible, Ethical, Creative and Compassionate members of the society.



SUPPORT AFTER COURSE COMPLETION

- LIFETIME WhatsApp support for all after the end of their course
- Support in procurement of machines and material in case you need them for your centre
- Marketing and lead generation support for your new Cosmetology Centre if needed
- Guidance for Interior Designing for your clinic setup

CONTACT US



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